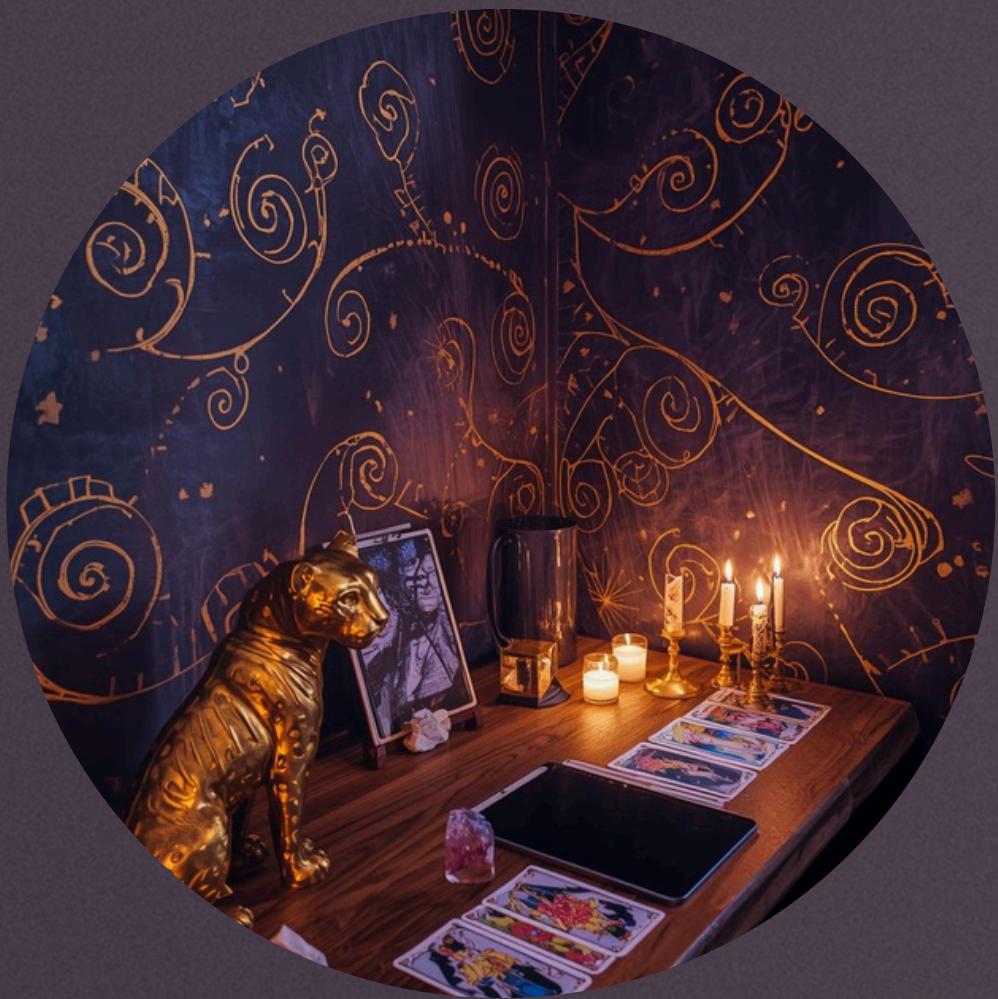


Prepare For Success

Free Business Workbook



WWW.MYSTICBONE.CO.UK

Written by Star

Welcome

This free workbook is an invitation to slow down, reset, and approach abundance differently.

Inside, you'll find two simple but powerful foundations. The first focuses on creating a home and working environment that supports prosperity, not through perfection or constant clearing, but through intentional energy, comfort, and coherence. Your space plays a quiet but active role in how safe, focused, and receptive you feel, especially when you're building something of your own.

The second part of this workbook guides you through creating your own astrological business roadmap using ChatGPT as a structured thinking partner. You don't need to know your chart in advance. The process is self-calculating and designed to help you translate astrology into real business decisions around growth, money, visibility, and sustainability.

This workbook is practical by design. It's meant to be used, returned to, and adapted as your business evolves. Take what resonates, move at your own pace, and trust your own insight as you work through it.

This is about creating alignment, in your space, in your strategy, and in how you grow.

Star

Abundant Environment



Abundant Environment



Your space holds energy, and energy frequency attracts more of the same. Sadness attracts sadness. Fear attracts fear. In the same way, joyful energy propagates more joy.

When people prepare a space for abundance or business, they often focus on clearing the energy. This isn't bad, but it also isn't the most effective way to create a financially magnetic space.

Clearing alone leaves emptiness. What's needed is neutralising the existing energy, then intentionally infusing the space with what you want to grow, prosperity, success, and abundance. That's what creates attraction.

The energetic fundamentals for abundance are simple:
Eliminate stagnation.

Create movement.

Create joy and comfort.

This is why a cosy, organised space matters more than a perfect one.

How to neutralise and infuse energy

Always start in the bedroom. Begin with a spring clean. Sweep, tidy, and as you do, set your intentions consciously.

Move to each corner of the room and clap your hands, saying your intention out loud to reset the energy. Then take a cedar smudge stick, open the windows, and burn the smudge. That's it. You've neutralised the space. Now it's time to infuse it.

Take a beeswax or solid white candle and light it. Place it in the south east corner, or anywhere if you're not into the details. Write out your financial goals and intentions. Roll the paper towards you and keep it somewhere safe. Place a gold coin in any corner.

Next, choose at least one crystal. Green jade or clear quartz works well.

It really is that simple. This is something you should always do when setting new business goals.



Suggested Plants and Resin

Now that your space is set up for abundance, the focus is on maintaining the energy. You want the space programmed to receive positive, prosperous energy, something that actively supports financial flow. Think of it as a magnet for abundance.

To keep this energy moving, add a rosemary, mint, or money plant to the space. Living plants help anchor growth and vitality.

Burn frankincense while refreshing your intentions. Use green candles, and incorporate green, red, or gold decor where you can. These colours subtly reinforce prosperity and confidence.

Make a habit of celebrating luxury and decadence, even in small ways. A beautiful cup, fresh flowers, quality fabrics, moments of pleasure. Abundance responds to appreciation.

Finally, practise grounding or rooting meditations. Mastering abundance is deeply connected to the physical realm. The more present and embodied you are, the easier it is for prosperity to meet you where you stand.



HOW TO CREATE A BUSINESS ROADMAP

Your Astrological Business Roadmap

A guided dialogue between intuition, strategy, and intelligence
There is often a love-hate relationship between spiritual work and artificial intelligence. Curiosity mixed with resistance. Excitement paired with concern about authenticity. That tension is understandable.

But we are living in the Age of Aquarius. Innovation, intelligence, systems, and consciousness are no longer separate from spirituality, they are part of its evolution. The question is not whether technology belongs in spiritual work, but how it is used.



ASTROLOGICAL BUSINESS ROADMAP

A guided, self-calculating dialogue for aligned growth

LINK TO GOOGLE DOC| BEST FOR COPY/PASTE;

https://docs.google.com/document/d/1gJ36lhqv9N9QERuKSOp_iY5Ra2cOZpNPWFZCihydtN4/edit?usp=sharing

There is a love–hate relationship between spiritual work and AI. Some people are excited by its potential. Others feel resistant or wary. Both reactions are valid.

But this is the Age of Aquarius. Intelligence, systems, innovation, and consciousness are converging. Used consciously, AI does not replace intuition, it organises it.

In this workbook, ChatGPT is not an oracle. It is a translator. A thinking partner that helps you turn astrological insight into practical business direction.

How This Workbook Works

You will move through a sequence of prompts.

Each prompt includes editable brackets.

Replace the text inside the brackets with your own words, then paste the prompt into ChatGPT.

Take your time. Clarity compounds.

Astro Business Roadmap

Prompt #1

Setting the Foundation

Copy and paste the following into ChatGPT, then edit the bracketed sections.

Hey ChatGPT,

I am a [type of business owner, for example, a human potential coach, therapist, creative entrepreneur].

My primary business goal for 2026 is [for example, scaling my signature offer, increasing income sustainably, building authority in my niche].

I want to grow my business in alignment with my Human Design type, which is [for example, Generator, Manifestor, Projector, Reflector].

I also want to work in alignment with my astrology.

I do not need help building my business structure or offers.

What I want is help translating my astrology into a clear, aligned business roadmap.

Please confirm that you understand what I am working on and the goal.

Once confirmed, ask me for my birth details so we can continue.

Astro Business Roadmap

Prompt #2

Confirming Direction

Once ChatGPT responds, continue with:

Excellent. You understood my intention clearly.

Before we go deeper, I want to clarify how I want to use astrology here.

I am not looking for predictions.

I am looking for grounded, strategic self-understanding that supports sustainable growth, visibility, income, and clarity.

Please confirm that you can work with astrology in this practical way.

Once confirmed, we can begin.

Prompt #3

Great.

I want to start with growth and opportunity.

Please explain how I align with expansion in my business using my Jupiter placement, through the lens of my Sun placement.

Focus on [for example, confidence, visibility, decision-making, and how aligned opportunities come to me].

Astro Business Roadmap

Prompt #4

Thank you.

Now I want to understand my financial language in business.

Please explain how I earn, receive, exchange, and relate to money using my 2nd house, 8th house, and Venus placements.

Focus on [for example, pricing, boundaries, sustainability, collaboration, and value exchange].

Reflection

- Do I earn best independently or through shared work?
- Where do I undervalue my time or energy?

Prompt #5

Next, I want to explore my work identity and public presence.

Please help me understand how to build an aligned social media and visibility strategy using my Gemini placement and my 10th house.

Focus on [for example, communication style, reputation, content themes, and authority].

Reflection

- How do I naturally communicate?
- What do people already recognise me for?

Astro Business Roadmap

Prompt #6

Now I want to create a healthy, sustainable rhythm for my business.

Please explain how my 9th house informs my routine, long-term vision, and sense of meaning in work.

Focus on [for example, sustainability, learning, perspective, and long-term fulfilment].

Reflection

- What keeps my work meaningful?
- Where do I need more space or perspective?

Prompt #7

Please explain my communication gifts and blocks based on my 3rd house and Gemini.

Focus on how this affects [for example, marketing, boundaries, messaging clarity, and client conversations].

Reflection

- Where do I over-explain?
- Where do I hold back?

Astro Business Roadmap

Prompt #8

Now I want to understand my business personality.

Please explain how my Sun and Mars shape my leadership style, decision-making, and way of taking action in business.

Focus on [for example, motivation, pressure response, and leadership identity].

Reflection

- How do I lead when aligned?
- What drains my drive?

Prompt #9

Please explain my creative and innovative style using my Aquarius placement and my 5th house.

Focus on how creativity supports [for example, visibility, enjoyment, originality, and growth].

Reflection

- Where does my originality want more space?
- How does creativity feed my business?

Astro Business Roadmap

Prompt #9

Please explain my creative and innovative style using my Aquarius placement and my 5th house.

Focus on how creativity supports [for example, visibility, enjoyment, originality, and growth].

Reflection

- Where does my originality want more space?
- How does creativity feed my business?

Prompt #10

Thank you.

Please fuse everything we have discussed into a clear, grounded business roadmap.

Include how I grow, earn, communicate, structure my time, and lead.

Astro Business Roadmap

Final Words

This process isn't about handing your business over to technology. It's about using intelligent tools to support your journey, so this work can be more affordable, more accessible, and still deeply personal.

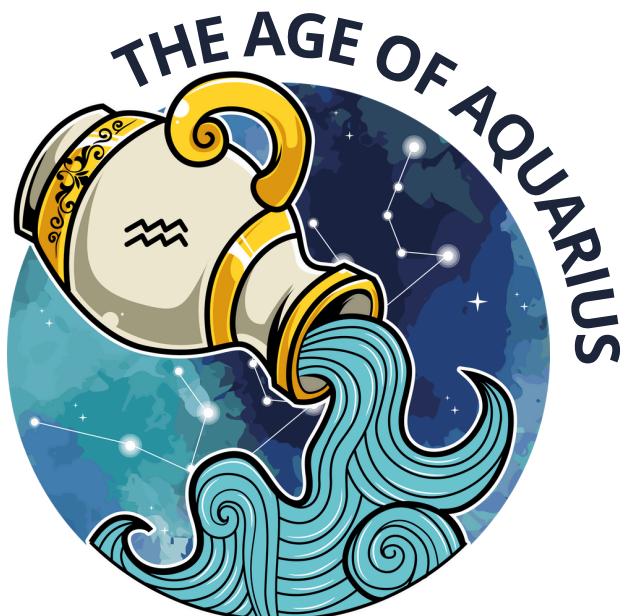
Astrology gives us the language.

Your lived experience holds the wisdom.

This dialogue helps turn insight into practical instruction, direction, and real movement.

It's old intelligence meeting modern tools, used with care, intention, and respect for the people this work is meant to serve.

That's really the point.



MOTIVATIONAL *Affirmations*

- 1) I am capable of achieving great things and I trust the process to unfold as it should.
- 2) Every challenge I face is an opportunity to grow stronger and more resilient.
- 3) I am committed to my goals and relentlessly pursue them with focus and determination.
- 4) I trust in my ability to navigate through uncertainty and come out victorious.
- 5) I embrace the journey of progress, knowing each step brings me closer to success.
- 6) My dreams are valid, and I take inspired action every day to turn them into reality.
- 7) I have the power to transform my vision into tangible achievements.
- 8) I am worthy of the success I am working toward, and I am prepared to receive it.
- 9) My motivation is fueled by my passion, purpose, and unwavering belief in myself.
- 10) I am constantly evolving, and with each day, I am becoming the best version of myself.

BELIEVE IN
YOURSELF

This work is not about doing more. It's about doing things differently, with awareness, intention, and respect for how energy actually moves through your life and business.

What you've done here is create coherence. Between your inner world and your outer environment. Between intention and action. Between vision and the physical space that holds it.

Return to these practices whenever you feel scattered, blocked, or disconnected from your goals. Energy responds to consistency more than intensity. Small, conscious rituals done regularly shape momentum over time.

Trust what you feel. Notice what shifts. Let your space support you rather than drain you.

This is how abundance becomes practical.

And this is how your business grows in a way that feels sustainable, grounded, and genuinely aligned.

Thank you



GROWING AN ENERGETICALLY INTELLIGENT BUSINESS

THE BUSINESS AND ABUNDANCE

BLUEPRINT

The Business and Abundance Blueprint is designed for people who are ready to clear blocks and stagnation from their business. It supports you in positioning your decisions, strategy, and marketing from your own personal business Human Design, helping you understand how you're wired to earn, grow, and lead without burning yourself out. Instead of generic advice or rigid formulas, this report shows you how to create financial abundance in a way that actually fits you, your nervous system, your space, and your intrinsic strengths. It's practical, accessible, and intentionally designed to be used, not just read. If you're ready to stop forcing growth and start aligning with abundance in a way that feels grounded, practical, and genuinely illuminating, this is where you begin.

